

THE BAY *Bistro & Bar*
at the
KENMARE BAY HOTEL

Chefs Choice Soup

Wild Atlantic Way Chowder . (1,2,4,7,9,10,11,12)

The freshest fish and prawns from our own doorstep, served in a creamy white wine and fish velouté

Winging it Your Way (3,6,7,8,9,11,12,13,14)

Crispy, meaty Sticky BBQ Chicken Wings , topped with Sesame seeds, green onion and served with creamy Ranch Dressing and crunchy Celery Sticks

Grilled Bluebell Falls Goats' Cheese Salad (3,7,) (V)

Seasonal leaves, Sundried Tomatoes, Candied Walnuts, Balsamic Reduction.

Kenmare Bay Seafood Croquette (1,2,3,4,7,10,14)

Panko crusted croquette stuffed with salmon, cod, prawns, smoked haddock crab meat, potato and dill, in a sea of Champagne, lemon and chive Beurre Blanc

Falafel (VG) Homemade Falafel

Served on a bed of Red Cabbage Slaw & Pickled Cucumber. Drizzled with Homemade Cashew Nut Tzatziki/

Slaney Valley Lamb (7,9,14)

Braised 12 hour lamb, served on a bed of rosemary mashed potato,, seasonal market vegetables, roast lamb jus, parsnip crisps

Chargrilled Beef Burger (1,3,7,11)

Prime Irish beef, garlic mayo, baby gem lettuce, beef tomato, crispy bacon, smoked cheddar cheese, tomato relish, crispy fried onion, served in a toasted sourdough and rye bun, coleslaw & fries.

Indian Buttered Chicken (1,7,12,13,)

Succulent pieces of chicken marinated in our own Indian spice blend, smothered in creamy rich curry sauce, served with basmati Rice & homemade garlic & coriander naan.)

Not so Meaty (V) (VG)

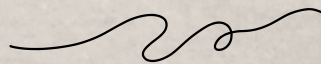
Marinated Cauliflower Steak, oven roasted, romesco sauce, pistachios, pomegranate, roasted chickpeas and chilli honey dressing

Chicken Ballotine (1,7,8,9,14)

Organic Chicken stuffed with Pork Sausage, sage, pistachio and apricots, served with garlic mashed potato, Sneem black pudding bon bon seasonal market vegetables and red wine jus.

Wild Atlantic Way Salmon (2,7,9,14)

Pan-Seared Salmon, served on a bed of creamy leeks, roasted vine cherry tomatoes, fondant potato and green herb oil.



Kenmare Bay Hotel Dessert Medley

Allergen Guideline

1.Cereals containing gluten 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soya and soy beans 7.Milk, dairy containing Lactose 8.Nuts 9.Celery 10.Molluscs 11.Mustard 12.Lupine 13.Sesame seeds 14.Sulphites, alcohol